

SPRING MAGAZINE 2015



powys people first
pobl gyntaf powys

SPRING FUN PAGES 2015



HAPPY EASTER EVERYBODY



Welsh cakes - Makes 10 - 15 cakes

Preparation time: **30 minutes**

What you need:

- 225g self-raising flour
- 110g salted butter
- 1 egg
- handful of sultanas
- 85g caster sugar
- butter for cooking

WHAT TO DO:



- Sieve the flour into a bowl. Rub the butter into the flour until it looks like breadcrumbs.



- Add the sugar and sultanas to the mix and then mix in the egg until you get a dough.



- Roll the dough with a rolling pin until it is about 5mm thick and cut out circles with a biscuit cutter.



- Use a griddle or frying pan. Rub a little butter on the griddle or pan. Heat it on the hob.



- Put the cakes on the griddle and cook for about 2-3 minutes on each side (until they start to brown). Remove from the pan and sprinkle with caster sugar.

WORD SEARCH

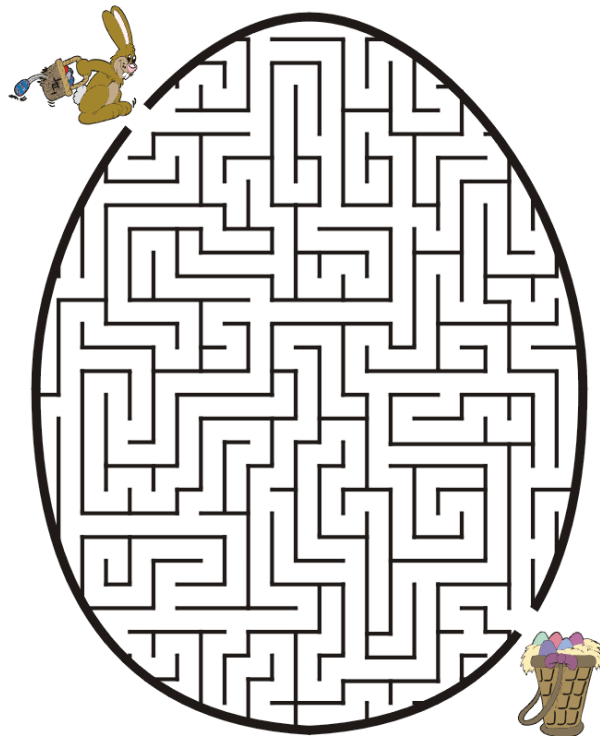
Can you find the **8 words**?

- chocolate
- plants
- warm
- eggs
- spring
- wind
- garden
- sunshine

g	m	x	q	z	x	e	l	e	s
a	v	p	e	g	g	s	t	s	p
r	c	b	l	b	x	a	u	m	r
d	f	k	d	a	l	v	r	d	i
e	r	e	e	o	n	a	b	e	n
n	y	g	c	s	w	t	q	u	g
m	b	o	w	i	n	d	s	v	v
s	h	m	k	t	h	d	v	s	b
c	j	s	m	w	u	f	b	e	c
s	u	n	s	h	i	n	e	y	f

EASTER PUZZLE

Work your way through the maze to the Easter treats!



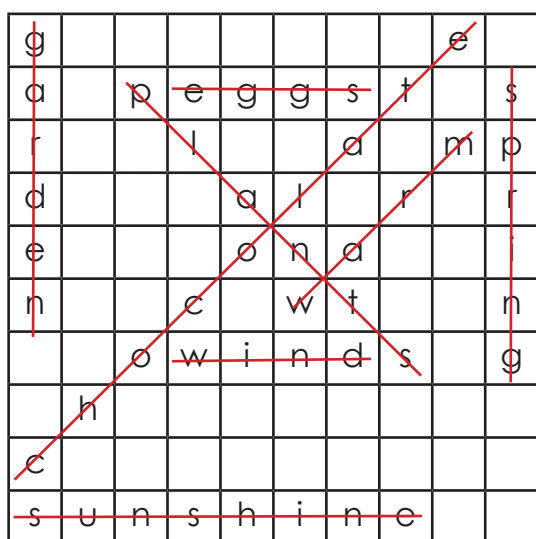
THE GENERAL ELECTION – THURSDAY 7TH MAY 2015

Darren and Mike have been working on a leaflet to help people understand how to vote.

If you would like to have a look, come to see Mike at the Powys People First office.



PUZZLE ANSWERS



WE NEED YOU...

Thank you to everyone who sent in items for the newsletter. Sorry we couldn't use them all. We will try to use them in future issues.

Please send us your:

• news • articles • photos • drawings • jokes • puzzles • recipes • or anything else you would like to see in your newsletter.

You can post them to the office or give to a member of staff.